

Name _____

Date _____

Address _____

Phone _____

Number of Servings _____

_____ **Spaghetti Squash with a Pomodoro Lentil Sauce and Garlic Toast:** Herb roasted spaghetti squash served with a zesty marinara and green lentil sauce with a thick slice of garlic toast on the side.

_____ **White Chicken Chili with Cornbread:** A lighter version of chili made with chicken, navy beans and green chilis with Monterey Jack cheese to make it creamy. Served with a wedge of cornbread.

_____ **Salisbury Steak with Mashed Potatoes:** Tender beef steaks braised in a rich gravy with creamy mashed potatoes.

_____ **Dijon Meatloaf with Au Gratin Potatoes:** We've taken the traditional meatloaf and jazzed it up with a sweet dijon mustard glaze and served it with a side of au gratin potatoes.

_____ **Apple Almond Stuffed Chicken with Green Beans:** Tender chicken breasts are stuffed with an apple and almond cornbread stuffing then baked and topped with a brandy cream sauce. Served with green beans.

_____ **Country Fired Steak with Mashed Potatoes:** Tender beef cutlets are lightly breaded and sauteed then topped with country gravy and served with a side of creamy mashed potatoes

_____ **Cheese Ravioli with a bolognese Sauce with broccoli:** Tender ravioli filled with a blend of Italian cheeses topped with a hearty meat sauce and served with broccoli.

_____ **Turkey and Dressing:** Slow roasted turkey breast with cornbread dressing and a rich pan gravy.

_____ **Cuban Pork Roast:** Tender chunks of pork seasoned with cumin, cilantro and lime served with black beans and rice.



Fresh 2 U selection:

This item is delivered fresh, never frozen and should be consumed within two days of delivery.

_____ **Tuna Salad Plate** – Homemade tuna salad is served on a bed of fresh greens with an assortment of fresh vegetables, crackers and cinnamon raisin bread.